

## **3** GOOD HEALTH AND WELL-BEING



Institut Teknologi Sepuluh Nopember (ITS)





Ensuring healthy lives and promoting well-being at all ages is essential to sustainable development. There is an urgent need to fully eradicate a wide range of diseases and address many different persistent and emerging health issues. We are exploring how universities deal with specific conditions and diseases, and support their community."

(THE Impact Rankings)





Number of graduates in health professions



## COLLABORATIONS AND HEALTH SERVICES ITS Supports Mental & Physical Health Programs

In ITS, health is very important, either physical or mental, especially during the pandemic. Through many efforts, many programs and projects are created by ITS. One of them is the free vaccination program during ITS' 61st Dies Natalies, where ITS, in collaboration with East Java's Public Health Office, gave 8000 dosages of Sinovac vaccines to everyone who lived in Surabaya. Furthermore, as an outreach program to the children, an ITS student created a mobile game called "Can't Touch" with the purpose to teach children the dangers of COVID-19. In terms of mental health, a group of ITS students created an application called "Sensible", to give a sense of comfort for the patients to explain their mental health issues to psychologists.



## COLLABORATIONS AND HEALTH SERVICES ITS Contributions in Handling Covid-19

One of ITS collaborations in health is to create an application together with technology company TicTech Studio. The children's educational application called Can't Touch is intended for kindergarten and elementary school students. This application was created with the aim of preventing the transmission of Covid-19 through games and also as a means of interactive learning about the dangers of the Covid-19 virus, such as how to avoid transmission, how to maintain personal health, and regarding health protocols.

Mulai

Jaga Jarak